



## NVMHA – Dressing Room Policy

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### This policy includes:

- a) Practices for supervising and monitoring dressing rooms and changing areas
- b) Permission or lack of permission for access to the changing rooms by parents
- c) Prohibited conduct including abuse and misconduct prohibited by NVMHA, PCAHA, BC Hockey and Hockey Canada
- d) A specific policy regarding the use of mobile electronic devices (encompassing the device's transmitting and recording capabilities)

### Dressing Room Monitoring

#### General

- Players should be supervised at all times regardless of their age or level of play
- The level of supervision should be implemented as such that it still respects the player's/team's privacy but allows the supervisory personnel the ability to monitor the activities in the dressing room
- The duration of the supervision is from the time the player/team is in the charge of NVMHA including the time before and after practices, games and other player/team events
- Supervisory personnel are required to practice "Two Deep" method (i.e., two adults supervising) when monitoring dressing activities. A lone supervisory person cannot be in the dressing room alone. If this situation occurs the supervisor remains at the entrance to the dressing room with the door open and in sight of the outside the dressing room.

#### Injury Treatment

- Injuries should not be treated out of the sight of others. If an injured player's injuries need to be treated in a private setting, the "Two Deep" method (i.e., two adults supervising) needs to be used.

### Co-Ed Dressing Room Guidelines

- Female team members require a separate dressing room. Once changed, females can only enter the team's dressing room at an appointed time prior to the game once all the male team members are dressed. After the game, female team members can attend the post-game talk in the team dressing room and retire to their private dressing afterwards.

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- If a separate dressing room is not available, female team members can change in the male's dressing room and a dress code is required. Males and females can only undress to shorts and T-shirts. Supervision "Two Deep" must be maintained within hearing distance at the door. Showers will not be used by either male or female players.

### Road Trips

- Team officials and players will not share accommodations.
- Players sharing rooms require supervision at all times.
- The team requires supervision at all times.

### Physical Contact

- Team officials should avoid touching players.
- "Two Deep" should be maintained at all times.
- The comfort level and dignity of the player's needs to be a priority.
- Limit touching to safe areas such as the hand or shoulder.

### Isolated Spaces

- Players should not be left unsupervised in any facility at any time.
- Players should not be left with a single team official; the "Two Deep" method should be used.

### Sport and Training Facilities

- Players should not be left waiting at a facility without the supervision of their parent/guardian or team officials, Utilize the "Two Deep" method.

### **Dressing Room Access**

- Except for players of the younger age groups (Initiation and Atom), parents/guardians are discouraged from entering the dressing rooms unless it's truly necessary or they are invited by the team officials.
  - Note: if a player requires assistance with his/her uniform or gear, if the player is injured, or a player's disability warrants assistance, parents/guardians must let the team officials know beforehand they will be assisting their player.

### **Prohibited Conduct**

- Team officials will ensure and without compromise every player is provided a safe and secure atmosphere within the dressing rooms and facilities free of bullying, intimidation, abuse and misconduct.
- Team officials will ensure every adult, parent/guardian is provided a comfortable atmosphere where they can enjoy the sport without negative behaviors of other spectators.

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- Team officials will ensure any example or incident which compromises the integrity and well-being of a person will be addressed appropriately.

### **Mobile Electronic Devices**

- Smart phones and other mobile devices with recording capabilities including voice recording, still cameras and video cameras, are not permitted to be used in the dressing rooms at any time. If phones and other mobile devices are required to be used, they should be taken outside of the dressing room.