



NATIONAL TEAM DEVELOPMENT PROGRAM GOALTENDER DRILLS

WRAP READ

Drill Description:

Cones are positioned on the goal line 3 feet from each side of the net. S1 begins at the top of the circle with puck. S2 begins at the top of the circle on the opposite side.

1. S1 drives behind net with the puck:
 - If S1 skates on the board side of the cone S1 must continue around the net and pass to S2.
 - If S1 skates on the net side of the cone S1 can wrap puck for stuff attempt or pass to S2.

NOTE: S2 is always ready for the pass in shooting position. S2 can go to the net for rebound if S1 wraps puck.

Key Teaching Points:

1. Goaltender must follow S1 and READ which path S1 takes around the cone.
2. Goaltender should stay on feet if S1 takes the path along the boards.
3. If S1 takes the path near the net the goaltender can slide across to stop the wrap, HOWEVER, goaltender must maintain net awareness and the ability to use his/her edges.

