



NORTH

VANCOUVER

NVMHA Rep Tryouts

2023-2024



Meeting Agenda

- Rep Program Expectations and Commitment
- Rep Tryout Overview
- Tryout Procedures / Attendance Policies
- Evaluation Process
- Team Formation and Releases
- Questions?

Rep Program

Expectations and Overview

Rep Expectations

- The expectations set out in this document are in addition to the basic coach, player and parent codes of conduct that apply to all NVMHA coaches, players and parents.
- Although the expectations of Rep hockey players and families are quite demanding, they are necessary in order to be fair to the coaching staff and other teammates who are willing to make a similar commitment. Therefore, it is important that these expectations are understood and agreed to early on so as to avoid issues later in the season.

A1 Rep teams at some age groups may require a more significant time and financial commitment due to increased training and tournaments. Players who wish to be considered for an A1 rep team at U13 to U18 must declare and pay an addition fee for an A1 team

Mission Statement

To challenge, motivate, teach and inspire every Rep Hockey player to reach their unlimited potential by providing them with a defined and structured program. To give each and every player the opportunity to be the best they can be by having an organization that is committed to professionalism, integrity, respect and sportsmanship

Vision and Value Proposition

The strategic vision and value proposition of the NVMHA Rep program was developed to support the organization's Rep hockey mission statement. The NVMHA will continuously evaluate all aspects of the Rep program in order to identify areas for improvement and to capitalize on available opportunities. The NVMHA Board and Director of Hockey Operations (DOH) will strive to ensure that the organization:

- i. Provides quality coaching
- ii. Provides opportunity for skill development.
- iii. Provides players with a platform to learn and grow in the game of hockey and as individuals.
- iv. Instills our core values.

Core Values

THE NVMHA will provide an opportunity for players to compete at the highest level. Maximizing a player's individual potential is dependent upon several factors outside the rink. Therefore, it is incumbent upon every Rep coach to assist each player with his or her individual efforts in taking control of their personal development, and to help build the blocks of a solid foundation for lifelong success. Creating awareness and internalizing the core values of the NVMHA will provide players with a toolbox full of practical values that enable them to collect experiences, build self-confidence, and expand their horizons and open doors to future opportunities outside of hockey.

Core values are:

- **Sportsmanship** – Showing respect for yourself, teammates, coaches, opponents, and the officials. Winning and losing as a team with dignity and class.

NVMHA Rep Hockey Commitment and Information

- **Commitment** –To yourself, your team and the organization to always put forward your best effort and to continue to improve at all times by attending games and practices.
- **Teamwork** – Recognizing that you are part of a team, that can only succeed as a team that supports every player.
- **Accountability**- Do not pass blame be accountable both on and off the ice for your play, actions and preparation. This is the foundation of strong leadership.
- **Enthusiasm** – Bringing enthusiasm and passion with you at all times in an effort to be the best you can be.

NVMHA Rep Hockey Commitment

Playing Rep hockey is a privilege, not a right, for any hockey player. Playing Rep hockey can be an incredibly rewarding experience since it allows participation in an activity at the highest level available. This being said, it is not skill alone that dictates who will be selected and able to participate in the Rep hockey program. If players and/or parents are unable or unwilling to make the commitment necessary, then another player will likely be chosen to play on the Rep team who is willing to make the proper commitment.

It is important, in order to avoid misunderstandings with respect to required commitment, to properly articulate the expectations of the Rep hockey program at the outset.



•Commitment

- Rep teams will only succeed where players, parents and coaches are committed to the Core Values of the rep program. Rep hockey is a competitive program that is designed with the goal of achieving the highest level of hockey possible. The rep program is built on commitment and dedication. Participation in rep hockey requires a significant commitment from coaches, parents and players. A1 Rep teams may require a significant level of time and financial commitment depending on the age group. Although there will be some discretion based on individual circumstances, the following sets out in general terms the expectations of those involved.

•Coaching Staff Commitment

- Rep coaches will have necessary qualifications and experience in order to provide effective guidance and hockey knowledge to the team.
- Rep coaches will display the time commitment that is required of the program. With the exception of certain personal or work matters, the coach will maintain a very good attendance record for all practices, games, and tournaments.
- Rep coaches will be expected to arrive at the rink at the same time that is expected of the players (e.g.1 hour before games) otherwise deemed by work or family commitments.
- Rep coaches will come fully prepared to each practice and game.
- Rep coaches (and managers) will provide a schedule of events (games, practices, tournaments, and other hockey functions) planned so that players and parents can schedule this hockey commitment around work, family/social functions and school. To the extent possible, a general schedule of practice, home game and other regularly schedule events, as well as an indication of tournaments that the team will participate in, should be provided before players are asked to commit to the team, and as the year goes by schedules for upcoming events should be provided to players and parents as soon as they are known.
- Rep coaches will follow the structure laid out by the NVMHA Board and Director of Hockey Operations according to their contracts.

• Players Commitment

- Unless there is an extenuating circumstance, players are expected to be available for all practices, games, training, tournaments (including out of town tournaments) and social functions.
- In order to be a team member of a Rep hockey team, the players must be prepared to make a commitment to attend 2 practices, 2 games and another 1-2 days of possible extra team development. Also most teams take part in 2-4 tournaments a year with at least 1 out of town but could be more depending on team.
 - If a player is also planning to be involved in another sport or school activity that will inhibit their ability to fully commit to the NVMHA Rep team (i.e. attend 85% of practices and games per month), then the player must make this known during the try-out process. The Rep coach will most certainly factor this other commitment into his/her decision process when finalizing the selection for the team.
- Players will be expected to maintain a high level of fitness such that he/she will be able to compete at the level required of a high level hockey program and to help avoid injury.
- Players will be expected to give a 100% effort to all the Rep hockey endeavours (practices, games and other training).
- Players will adhere to the NVMHA dress code applicable to their team.
- The NVMHA has a great reputation within our community and among other associations for being very well behaved and respectful when participating in games and tournaments. Let's work together to continue this reputation for years to come.

PLAYER CODE OF CONDUCT

It is the intention of this contract to promote fair play and respect for all participants within the Association. All players must sign this contract stating that they will observe the principles of the Fair Play Code before being allowed to participate in hockey.

FAIR PLAY CODE

I will play hockey because I want to, not because others or coaches want me to.

I will play by the rules of hockey and in the spirit of the Game.

I will control my temper - fighting or "mouthing-off" can spoil the activity of everyone.

I will respect my opponents.

I will do my best to be a true team player.

I will remember that winning isn't everything - that having fun, improving skills, making friends and doing my best are also important.

I will acknowledge all good plays and performances - those of my team and my opponents.

I will remember that coaches and officials are there to help me. I will accept their decisions and show them respect.

I agree to abide by the principles of the FAIR PLAY CODE as set by Hockey Canada and supported by the _____ Association.



• Parents Commitment

- Given that the majority of minor hockey players require transportation from their parents to all the Rep hockey events, parents will be expected to agree to the player expectations above.
- Parents will support and encourage the commitment that the Players have made.
- If a player will miss a scheduled Rep hockey event, the parents will ensure that the coach (or manager) is notified in advance via proper communication channels (i.e phone, text, email).

PARENT CODE OF CONDUCT

It is the intention of this CONTRACT to promote fair play and respect for all participants within the Association.

All parents must sign this pledge before being allowed to participate in hockey and must continue to observe the principles of Fair Play.

FAIR PLAY CODE

I will not force my child to participate in hockey.

I will remember that my child plays hockey for his or her enjoyment, not mine.

I will encourage my child to play by the rules and to resolve conflict without resorting to hostility or violence.

I will teach my child that doing one's best is as important as winning so that my child will never feel defeated by the outcome of the game.

I will make my child feel like a winner every time by offering praise for competing fairly and hard. I will never ridicule or yell at my child for making a mistake or losing a game.

I will remember that children learn by example.

I will applaud good plays and performances by both my child's team and their opponents.

I will never question the official's judgment or honesty in public.

I recognize officials are being developed in the same manner as players.

I will support all efforts to remove verbal and physical abuse from children's hockey games.

I will respect and show appreciation for the volunteers who give their time to hockey for my child.

I agree to abide by the principles of the FAIR PLAY CODE as set by Hockey Canada and supported by the Association.

I also agree to abide by the rules, regulations and decisions as set for North Vancouver Minor Hockey Association



Dress Code

Each rep team shall adopt a dress code, which shall be based on the following guidelines subject to variations that may be approved at the request of individual teams by the NVMHA Board and DHO.

NVMHA Dress Code- U13 to U18

Dress code for games:

- - dress shirt, tie, dress pants, dress shoes, black dress socks, association rep jacket, suit jacket or dark formal winter jacket
- - NO hats, NO track jackets
- - Gym strips for warm up- t-shirt and shorts
- - Blue helmets

Roster Sizes

I.-Team Sizes

Team sizes should consist of 15 skaters and 2 goalies for a total of 17 players

The NVMHA Board and DHO may review the above numbers and provide further direction as to team sizes in advance or during the rep tryout process.

The NVMHA Board may, on application by rep head coach and recommendation of the DHO, vary the required roster size for any rep team.

Rep Fees

Rep hockey of necessity involves additional expenses for coaches, additional game and practice ice, tournaments, off ice training, travel and miscellaneous expenses such as team apparel. Players on rep teams will be expected to pay a rep fee to the NVMHA, which will cover only a portion of these additional expenses, as well as to make additional contributions to team funds to cover a proportionate share of these expenses. Rep cost can range anywhere from \$1000 to \$2500 per player in a season.

Rep Tryout Overview

- Our goal is for ALL players to receive an equal chance to be evaluated fairly. NVMHA has worked hard to create a rep tryout process that is standardized; which to us means transparency, fairness, and consistency.
- Each tryout session throughout Phase 1.A and B has multiple independent evaluators from outside of our Minor Hockey Association. No head coaches are used.
- All evaluators can only see your players jersey colour and number in the evaluation system
- No personal information or previous playing history is given to the evaluators

Rep Tryout Overview

- Before participating in the Rep tryout sessions, players must be fully registered with the NVMHA, have paid all required fees (including, if applicable, any A1 tryout fee), and have met all requirements of the PCAHA, BC Hockey, Hockey Canada and the IIHF in order to play Rep hockey with the NVMHA.
- Per the NVMHA Rep Tryout - Declared Positions Policy - any player registering for Rep tryouts must elect to tryout for either goalie, forward or defense.

F. PROCEDURE AT REP TRYOUT SESSIONS

The tryout process will include any of the following:

- Skills assessment of inter squad games by independent evaluators;
- Skills assessment by an independent third-party evaluator (i.e. WHL combine)
- Practices
- Exhibition games

Players must wear their assigned Rep tryout jersey during all on-ice sessions. Unless otherwise notified by the Director of Hockey Operations and Division Director.

Note: Players are not permitted to wear NVMHA Rep socks during the tryout process or other programs helmet stickers and / or socks.

E. ATTENDANCE AT REP TRYOUTS

1. All players trying out for Rep hockey must attend all Rep tryouts applicable to that player, which usually are scheduled to commence approximately 10-14 days prior to Labour Day weekend.
2. Players who do not attend all tryouts will forfeit their opportunity to play Rep hockey (or, if applicable, to play on an A1 team) for that season and will immediately be registered for C level hockey in their division or, if applicable, to the Non-A1 Declaration Tryout process for their division, except as provided in this section.

F. ABSENT WITH MEDICAL PERMISSION

A player who has registered for Rep hockey but is unable to attend a Rep tryout session due to sickness or injury must refer to the NVMHA Rep Tryout Absence with Medical Permission Policy for detailed process.

A try-out position may be held for an injured player if the doctor's certificate indicates that the player is expected to return to hockey by October 1.

A player returning from injury will be assigned a working group based on their previous level played, as decided by the Director of Hockey Operations.

If the player is not medically cleared to participate on ice prior to October 1 they will be placed in C level hockey upon return to play and will be evaluated for Rep hockey by the Director of Hockey Operations and Rep coaches in that division.

Phase 1.A for A1 declaration players and goalies (August 23 to 28)

Thursday, August 24	Combine for U13 - U18 A1 declaration players	All day at Harry Jerome. Note: Non-A1 players are to attend combine
Friday, August 25 & Saturday, August 26	A1 declared players will continue to play games based on their team assignments.	Releases made after August 26 skates to a group of 30 players (18 forwards, 12 defense) plus 4 goalies. Players who are released are to return their tryout jersey for a new one for Phase 2.
Sunday, August 27 & Monday, August 28	30 A1 declared players + 4 goalies continue games	Releases will be made after August 28 skates to a group of 20 players (12 forwards, 8 defense) plus 3 goalies.

Phase 1.B or non-A1 declaration players and goalies - including A1 declaration releases (August 29 to 31)

Tuesday, August 29 to Thursday, August 31	<p>Non-A1 declaration tryout players and goalies play games based on their team assignments.</p> <p>A1 declaration players and goalies who were released during Phase 1.A are assigned to a non-A1 team for this phase.</p>	Releases will be made after August 31 skates to form A2 and A3 working groups of 15 players each (9 forwards, 6 defense) plus 2 goalies each that will continue to Phase 2.
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Phase 2 - 3 working groups per division (post-Labour Day with the aim to form Rep Teams by September 30)

Tuesday, September 5-16th	A1 working group is on the ice	This is day 1 of 10 before they need to form their final team of 15 players (9 forward, 6 defense) + max 2 goalies
September 16-24th	A2 and A3 working groups on the ice.	<p>A2 has 15 days after Phase 2 commences to form their final team of 15 players (9 forward, 6 defense) + max 2 goalies</p> <p>A3 has 4 days after A2 forms their team to finalize their team of 15 players (9 forward, 6 defense) + max 2 goalies</p>



I. EVALUATION PROCESS

In Phase 1 players will be evaluated by independent evaluators. The Director of Hockey Operations will ensure that more than one independent goaltender assessor will attend phase 1 to assess the goaltenders. Each player will have a minimum of 4 ice times assigned to be evaluated. 1 ice time will be based on individual skills assessment and the other 3 ice times will be evaluated in game competition. Upon completion of these ice times the evaluators scores will be entered into the computer by independent data entry staff. The results in each division will be tabulated highest rank to lowest rank per position.

I. EVALUATION PROCESS

After the initial A1 declaration ice times stated as Phase 1a, WG 1 will proceed to phase 1b and shall consist of a maximum of 4 goaltenders, 18 Forwards, and 12 Defense. The WG size will be determined annually by the Director of Hockey Operations.

Phase 1b will consist of 3 more ice times with the combination of either practice and/or intra-squad games that will be conducted and evaluated by the Director of Hockey Operations and /or the Rep Coaches within that division.

At the conclusion of phase 1b WG 1 will release players and enter phase 2 with a maximum of 12 Forwards, 8 Defense and 3 Goalies.

Players not selected will be placed in A2/A3 Phase 1.B

WG 2 and 3 will consist of 9 Forwards, 6 Defense and 2 Goalies.



Explanation of Phase 2 WG Assignments

- The assignment of players to a WG shall be communicated by the Division Director no later than 4 days after the last scheduled ice time of Phase 1.
- Parents may request an explanation or review of the evaluation by making a request in writing to the Player Safety Rep.

G. EVALUATION AND SELECTION CRITERIA

Player shall be assessed based on their performance in the Rep tryout sessions, based on:

Phase 1

Goaltenders:

Athleticism

Rebound Control

Positional play and angles

Anticipation

Compete/Work ethic

Skaters

Skating

Passing/Receiving

Puck Control

Shooting

Competitiveness

G. EVALUATION AND SELECTION CRITERIA

Phase 2

All Players

Hockey Sense

Attitude

Desire and Work Ethic

Coach-ability

Competitiveness

Conduct on and off the ice (attitude)

Checking

Sportsmanship Teamwork/Fitness

Positional Play

6.4. Releases From Working Groups

6.4.1. Any release of players from a Phase 2 WG shall be communicated by way of an in-person meeting involving the player and the coaches' responsible for that WG or, if no head coach has yet been assigned for that group, the Director of Hockey Operations, and one other knowledgeable individual such as Player Safety or a NVMHA Board member.

6.4.2. The head coach or Director of Hockey Operations, as applicable, shall endeavour to conduct such meeting with a reasonable amount of privacy, to the extent possible given the nature of the facility in which the meeting takes place. If logistics do not permit such a meeting, then releases can be communicated over the phone as soon as possible.

Roster Deadlines

6.4.3. The coaches of the A1, A2, and A3 teams, in consultation with the Director of Hockey Operations, will complete all releases in order to have their teams at the approved roster size in accordance with the following deadlines:

- A1 team – by the 10th day after commencement of Phase 2 of Tryouts
- A2 team – by the 15th day after the commencement of Phase 2 Tryouts
- A3 team – by the 4th day after the date on which the A2 releases are completed.

Any variation in any of the deadlines above must be approved in advance by the Director of Hockey Operations.

Questions?

Good luck to ALL players
in this year tryouts!

